

3 Ways To Connect



MiD mobile app



(855) 879-4332



myidealdactor.com

QUICK & EASY ACCESS YOUR WAY

Why wait for an appointment, stand in line at urgent care or pay higher fees at an emergency facility?

If you were not able to register your personal online portal, call in and ask one of our nurses to email your secure link.



Terms & Conditions are easily accepted via text, email, app access or portal access upon first consultation. Authorization is consent to receive secure virtual care.

Service is not currently provided in: Arkansas & Louisiana. Prescriptions are issued when deemed medically necessary. DEA controlled substances And long term refills are not permitted. Dependents are covered to age 26; children under the age of 2 cannot be treated.