#### HUMANA HEALTH PLAN OF TEXAS, INC.: TX SEHD D/C 14

Coverage Period: Beginning on or after 12/01/2015

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage For: Individual + Family | Plan Type: NPOS-HDHP



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.humana.com or by calling 1-866-4ASSIST (427-7478).

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: \$3,500 Individual / \$7,000 Family Non-Network: \$10,500 Individual / \$21,000 Family Doesn't apply to preventive services. Co-insurance and co-payments don't count toward the deductible	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses	Yes. For Network providers \$6,350 Individual / \$12,700 Family For Non-Network providers \$19,050 Individual / \$38,100 Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, Balance-billed charges, Health care this plan doesn't cover, Penalties, Non-network transplant, Out-of-network Co-Insurance	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.humana.com or call 1-866-4ASSIST (427-7478) for a list of Network providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.

Questions: Call 1-866-4ASSIST (427-7478) or visit us at www.humana.com

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-866-4ASSIST (427-7478) to request a copy.

Are there services this	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy
plan doesn't cover?		or plan document for additional information about excluded services.



- · Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- · This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost if You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office	Primary care visit to treat an injury or illness	30% coinsurance	50% coinsurance	n o n e
or clinic	Specialist visit	30% coinsurance	50% coinsurance	n o n e
	Other practitioner office visit	Chiropractor Exam: 30% coinsurance	Chiropractor Exam: 50% coinsurance	n o n e
	Preventive care / screening / immunization	No charge	50% coinsurance	limited coverage for preventive care
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	Cost share may vary based on where service is performed
	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	Cost share may vary based on where service is performed Preauthorization may be required - if not obtained, penalty will be 50%
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.humana.com.	Generic and brand-name drugs	30% coinsurance (Retail) 30% coinsurance (Mail Order)	50% coinsurance, after Network Coinsurance (Retail) 50% coinsurance (Mail Order)	30 day supply Preauthorization may be required - if not obtained, penalty will be 100% for certain prescription drugs (Retail) 90 day supply Preauthorization may be required - if not obtained, penalty will be 100% for certain prescription drugs (Mail Order)

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost if You Use a Non-Network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	Preauthorization may be required - if not obtained, penalty will be 50%
	Physician/surgeon fees	30% coinsurance	50% coinsurance	n o n e
If you need	Emergency room services	30% coinsurance	30% coinsurance	n o n e
immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	n o n e
	Urgent care	30% coinsurance	50% coinsurance	n o n e
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	preauthorization may be required - if not obtained, penalty will be 50%
	Physician/surgeon fee	30% coinsurance	50% coinsurance	n o n e
If you have mental health, behavioral	Mental/Behavioral health outpatient services	30% coinsurance	50% coinsurance	n o n e
health, or substance abuse needs	Mental/Behavioral health inpatient services	30% coinsurance	50% coinsurance	preauthorization may be required - if not obtained, penalty will be 50%
	Substance use disorder outpatient services	30% coinsurance	50% coinsurance	n o n e
	Substance use disorder inpatient services	30% coinsurance	50% coinsurance	preauthorization may be required - if not obtained, penalty will be 50%
If you are pregnant	Prenatal and postnatal care	30% coinsurance	50% coinsurance	n o n e
	Delivery and all inpatient services	30% coinsurance	50% coinsurance	preauthorization may be required - if not obtained, penalty will be 50%
If you need help recovering or have other special health needs	Home health care	30% coinsurance	50% coinsurance	Preauthorization may be required - if not obtained, penalty will be 50%
	Rehabilitation services  Habilitation services	30% coinsurance 30% coinsurance	50% coinsurance 50% coinsurance	Therapies: Preauthorization may be required - if not obtained, penalty will be 50% Manipulations and Therapies: 40 visits per calendar year includes manipulations, adjustments For non-network, 10 visits per calendar year includes manipulations, adjustments

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost if You Use a Non-Network Provider	Limitations & Exceptions
	Skilled nursing care	30% coinsurance	50% coinsurance	60 day limit per calendar year Preauthorization may be required - if not obtained, penalty will be 50%
	Durable medical equipment	30% coinsurance	50% coinsurance	Preauthorization may be required - if not obtained, penalty will be 50% for durable medical equipment \$750 and over
	Hospice service	30% coinsurance	50% coinsurance	Preauthorization may be required - if not obtained, penalty will be 50%
If your child needs	Eye exam	50% coinsurance	50% coinsurance	1 every 12 months
dental or eye care	Glasses	50% coinsurance	50% coinsurance	1 frame every 12 months 1 Pair of lenses per 12 months
	Dental check-up	50% coinsurance	50% coinsurance	Two every year up to age 19

#### Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

· Acupuncture

Infertility treatment

Routine eye care (Adult)

Bariatric surgery

· Long-term care

· Routine foot care

- Cosmetic surgery, unless to correct a functional impairment
- · Non Emergent Care

• Weight loss programs

- Dental care (Adult), unless for dental injury of a sound natural tooth
  - Private Duty Nursing

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- · Chiropractic care spinal manipulations are covered
- Hearing aids, 1 per ear every 36 months

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-4ASSIST (427-7478). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Humana, Inc.: www.humana.com or 1-866-4ASSIST (427-7478)

Department of Labor Employee Benefits Security Administration: 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> Texas Department of Insurance, PO Box 149104, Austin, TX 78714-9104, Phone: 512-463-6169 or 800-252-3439, Website: <a href="http://www.tdi.texas.gov/index.html">http://www.tdi.texas.gov/index.html</a>

#### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-4ASSIST (427-7478)

To see examples of how this plan might cover costs for a sample medical situation, see the next p a g e.

**Coverage Examples** 

Coverage For: Individual + Family | Plan Type: NPOS-HDHP

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby (normal delivery)

- n Amount owed to providers: \$7,540
- n Plan pays \$2,940
- n Patient pays \$4,600

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

Copays	\$3,500 \$0
Coinsurance	\$1,100
Limits or exclusions	\$0
Total	\$4,600

## Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- n Amount owed to providers: \$5,400
- n Plan pays \$1,280
- n Patient pays \$4,120

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and	\$1,300
Supplies	
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$3,500
Copays	\$0
Coinsurance	\$600
Limits or exclusions	\$20
Total	\$4,120

Coverage For: Individual + Family | Plan Type: NPOS-HDHP

### Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

**Coverage Examples** 

- · Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from network <u>providers</u>. If the patient had received care from non-network <u>providers</u>, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

<u>No.</u> Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

**Û**<u>No.</u> Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-866-4ASSIST (427-7478) or visit us at www.humana.com

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-866-4ASSIST (427-7478) to request a copy.

