# Getting Started is Simple.

As a Kaiser Permanente member, you not only get a health plan, but also an expert team of doctors, convenient medical facilities, and state-of-the-art technology—all connected in one neat package. From enrollment through membership, taking care of your health is convenient and simple!

Once you become a member:



### **Get Your Member ID Card**

As a new member, you'll receive your Kaiser Permanente ID card, containing your unique medical record number, in the mail. You'll need your medical record number to choose your personal physician, make an appointment, and get care at our facilities.



## Register on kp.org

Visit **kp.org/register**, answer a few security questions, and within minutes you'll have access to our secure and personalized website full of time and money-saving features—like emailing your doctor's office, scheduling routine appointments, ordering prescription refills, and viewing your lab results.



#### **Choose Your Doctor**

Choose from hundreds of doctors, from some of the best medical schools in the country. Just visit **kp.org/medicalstaff** or call **Member Services** to select the physicians that are right for you and your family. You can change your personal physician at any time.





# Make an Appointment

To make a New Member appointment, just call our **Health Line**. Once you've registered to use the secure features on **kp.org**, you can also view, schedule, and cancel routine appointments online. If you ever need to cancel an appointment, just call the **Health Line** or cancel online at least 24 hours in advance.





# **Get Your Prescriptions**

As a new member, you'll need to have any existing prescription medications you have represcribed by a Kaiser Permanente physician. Simply call to schedule your New Member pharmacy telephone consultation, and we'll help you schedule an in-person office visit with your new Kaiser Permanente doctor before you run out of your current medications.

### **Connect With Us**

**MEMBER SERVICES 404-261-2590** locally **1-888-865-5813** long distance **711** (TTY)

Information about eligibility, coverage verification, getting care prior to receiving your ID card, selecting a doctor, and general questions: Monday—Friday, 7 a.m. to 7 p.m.

# HEALTH LINE

**404-365-0966** locally **1-800-611-1811** long distance **711** (TTY)

- Appointment scheduling or prescription help: Monday—Friday, 7 a.m. to 7 p.m.
- Nurse advice: 24 hours a day, seven days a week

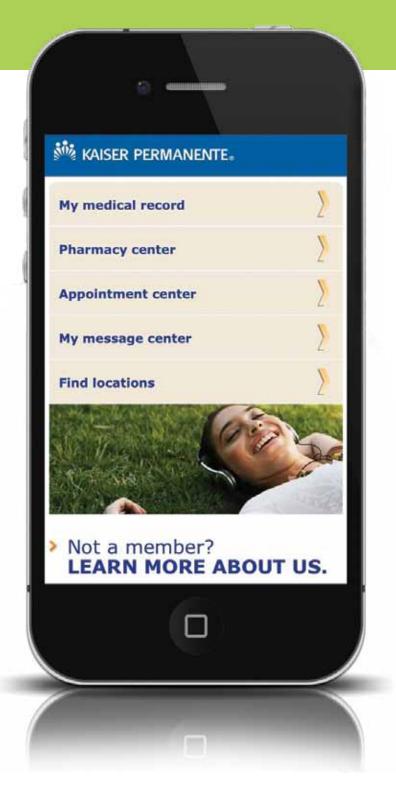
NEW MEMBER PHARMACY TELEPHONE CONSULT 404-846-6707

PRESCRIPTION REFILL LINE 770-434-2008

**GEORGIA ONLINE** kp.org/georgia



# Good Health is in Your Hands.



It's easier than ever to connect to your health.

Once you're a Kaiser Permanente member and registered on **kp.org**, you can use My Health Manager anytime, anywhere to help you save time, money, and even trips to the doctor. Visit **kp.org/myhealth** or use the Kaiser Permanente app to:

- ► Email your doctor.
- ► Refill most prescriptions.
- ▶ View past visits and most test results.
- ▶ Schedule or cancel routine appointments.
- View your eligibility, benefits, claims and referrals.
- Access news and health tips featured in our magazine, Partners in Health.

## Your Health on the Go

- Download the Kaiser Permanente app for the iPhone®, iPod touch®, and iPad® from the App Store<sup>SM</sup> or for Android™ from Google Play.
- Bookmark m.kp.org on your Web-enabled phone or mobile device.





For information about doctor availability; utilization management procedures; potential network, service or benefit restrictions; privacy practices; pharmacy management procedures; and the Consumer Choice Option (CCO), visit **kp.org/formsandpubs** to view our Member Handbook and CCO Brochure online.









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Certain features of My Health Manager apply only to care you receive at Kaiser Permanente facilities.

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