

# NO COST PREVENTIVE MEDICATIONS by drug category



The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. This important legislation will result in changes to every American’s health coverage including coverage of preventive health care services and certain medications with **no out-of-pocket cost** to individuals.

## Health care reform provides specific preventive medications at no cost

Certain categories of drugs and other products have been included in the preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations emphasize prevention of disease and meeting the unique health care needs of women.

The following products and prescription medications (as well as specific over-the-counter medications) may be available to you at no cost (copay, coinsurance and/or deductible) depending upon the terms of your plan.

Please see your plan materials or visit [myCigna.com](http://myCigna.com) for details about how these products and medications may be covered under your plan. Remember, you can use the Prescription Drug Price Quote Tool on [myCigna.com](http://myCigna.com) for real-time drug pricing specific to your plan. **You can also call the number on the back of your ID card 24 hours a day, 365 days a year, for help.**

You should consult with your doctor in choosing the product or drug that is right for you. This list is provided to help you discuss with your doctor the options that may be appropriate and available to you at no cost. A prescription from your doctor is required to process any claim for preventive care drugs or products under your pharmacy plan, including over-the-counter drugs.

**GO YOU**<sup>SM</sup>



### Aspirin products

#### Available to:

**Males: 45 – 79 years**

**Females: 55 – 79 years**

Adult Low Dose Aspirin  
Adult Low Strength Aspirin  
Ascriptin  
Aspirin 81  
Aspirin  
Aspirin Buffered  
Aspirin EC  
Aspirin Tri-Buffered  
Aspir-Low  
Aspir-Mox  
Aspir-Trin  
Aspidrox  
Baby Aspirin  
Bayer Aspirin  
Bayer Children's Aspirin  
Bayer with Calcium  
Bufferin  
Children's Aspirin  
Doan's Regular  
Ecotrin  
Ecpirin  
Genacote  
Halfprin  
Lite Coat Aspirin  
Lo-Dose Aspirin  
Low Dose Aspirin  
St. Joseph Aspirin  
Tri-Buffered Aspirin

### Barrier contraception

#### Available to Females

Encare  
FC Condom  
Femcap  
Gynol II  
Ortho All-Flex  
Reality  
Today Contraceptive Sponge  
VCF  
Wide Seal Diaphragm

### Emergency contraception\*

#### Available to Females

Ella  
Levonorgestrel  
Next Choice

### Folic acid supplements

#### Available to Females

**(Only products containing  
from 0.5 mg – 0.8 mg of  
folic acid are included)**

Biocel, Chewable Prenatal  
Folic Acid  
KPN  
Maxinate  
Mission Prenatal  
Mission Prenatal FA  
Mission Prenatal HP  
Natalcare RX  
One-A-Day Women's Prenatal  
DHA  
Optinate  
P-D Natal Plus With Folic Acid  
P-D Natal Plus  
Perry Prenatal  
Prenatal  
Prenatal Complete  
Prenatal Formula  
Prenatal Plus DHA  
Prenatal RX  
Prenatal S  
Prenavite  
Preque 10  
Right Step Prenatal Vitamins  
Stuart Prenatal  
Supervite EC  
Urosex  
Vitacel

### Hormonal contraception\*

#### Available to Females

Altavera  
Amethia  
Amethyst  
Apri  
Aranelle  
Aviane  
Azurette  
Balziva  
Briellyn  
Camila  
Camrese  
Caziant  
Cesia  
Cryselle  
Cyclafem  
Cyclessa  
Emoquette  
Enpresse  
Errin  
Gianvi  
Gildess FE  
Heather  
Introvale  
Jolessa  
Jolivette  
Junel FE  
Junel  
Kariva  
Kelnor 1-35  
Leena  
Lessina  
Levora-28  
Loryna  
Low-Ogestrel  
Lutera  
Medroxyprogesterone Acetate  
150 mg/ml  
Microgestin  
Microgestin FE  
Mononessa  
Necon  
Nora-BE  
Norethindrone  
Norethindrone-Ethinyl Estradiol  
Norgestimate-Ethinyl Estradiol  
Norgestrel-Ethinyl Estradiol  
Nortrel  
Ocella  
Ogestrel  
Orsythia  
Portia  
Previfem  
Quasense  
Reclipsen  
Solia  
Sprintec  
Sronyx  
Syeda  
Tilia FE  
Tri-Legest FE  
Trinessa  
Tri-Previfem  
Tri-Sprintec  
Trivora-28  
Velivet  
Zarah  
Zenchent

Zenchent FE  
Zeosa  
Zovia 1-35E  
Zovia 1-50E

### Pediatric multivitamins (containing fluoride and fluoride supplements)

**Available to Males and Females:  
six months – six years**

Epiflur  
Ethedent  
Fluorabon  
Fluor-A-Day  
Fluoritab  
Flura-Drops  
Ludent Fluoride  
Luride  
Multi-Vita Bets-Fluoride  
Multivitamins W-Fluoride-Iron  
Multivitamins With Fluoride  
MVC-Fluoride  
Poly-Vi-Flor  
Poly-Vitamin With Fluoride  
Polyvitamin With Iron-Fluoride  
Polyvitamins-Fluoride  
Renaf  
Sodium Fluoride  
Triplevite With Fluoride  
Tri-Vit with Fluoride-Iron  
Tri-Vitamin with Fluoride  
Tri-Vitamin with Iron-Fluoride  
Tri-Vitamin-Fluoride

### Pediatric iron- containing products

**Available to Males and Females:  
six – 12 months**

Fer-Gen-Sol  
Fer-In-Sol  
Fer-Iron  
Ferrous Sulfate  
Icar  
Mykidz Iron 10  
Siderol  
Vitafof  
Wee Care

\*Food and Drug Administration (FDA) approved female contraceptives are listed above. Additional FDA approved contraceptives (e.g., brand oral contraceptive medications that have a generic alternative or a generic therapeutic alternative) may be covered at your plan's preferred or nonpreferred cost share.

"Cigna" and "Cigna Pharmacy Management" are registered service marks, and the "Tree of Life" logo and "GO YOU" are service marks, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and HMO or service company subsidiaries of Cigna Health Corporation. All models are used for illustrative purposes only.

